

MARCH 13, 2026

Ease into the Weekend and Discover the Wonder of Mother Nature in Downtown L.A. at "Gloria Molina Grand Park's Easy Mornings"

Free Family Yoga, Arts & Crafts, Storytelling, Music and More

WHAT:

With the theme "Discovery as Power," **Gloria Molina Grand Park** invites Angelenos of all ages to deepen their relationships with themselves, community and the park at *Gloria Molina Grand Park's Easy Mornings*. Two **Saturday mornings--April 4 and 18, 2026**--filled with free nature-inspired activities and workshops! Each installment will encourage families to change their perspectives about



the natural world--in time for Earth Day--and see it in beautiful and unexpected ways. Discovery at the 6th annual *Gloria Molina Grand Park's Easy Mornings* isn't just fun, it's empowering!

This year's free programs, which take place from **10:00 a.m. - 2:00 p.m.**, include family yoga, arts & crafts, a clothes swap, face painting, storytelling, a "Zen Den" holding space for guests who need a sensory break from all the action, and so much more.

In addition, during the April 18th iteration, Gloria Molina Grand Park encourages families to expand their creative and artistic experiences by visiting Jerry Moss Plaza at The Music Center, directly across the street, for its annual **The Music Center's Very Special Arts Festival: Family Day**. From 11:00 a.m. - 2:30 p.m., guests of all ages and abilities can enjoy live music and dance performances, interactive art-making activities, a magic show and more at the free outdoor festival.

WHO:

Gloria Molina Grand Park's Easy Mornings community partners and performers include: **Arts for LA**, **Big Brothers Big Sisters Los Angeles**, **Bloom Wild Bookshop**, **Bob Baker Marionette Theater**, **Create Now**, **DJ Moni Vargas**, **Doodles Without Borders**, **Everybody Dance L.A.!**, **Friends of the L.A. River (FOLAR)**, **HAWKs Kids**, **Holding Space by Madison Girifalco**, **Inner City Arts**, **Ketchum-Downtown YMCA**, **the LA Phil**, **LACMA (Los Angeles County Museum of Art)**, **Los Angeles County Registrar-Records Office**, **People's Yoga**, **Sowing Sparks**, **Kymberly Stewart**, **Radical Clothes Swap**, **The Tree Yoga Cooperative**, **Wildwoods LA** and **WriteGirl**.

WHEN:

Saturdays, April 4 & 18, 2026
10:00 a.m. - 2:00 p.m.

WHERE:

Gloria Molina Grand Park
200 N. Grand Avenue
Los Angeles 90012

MORE INFO:

Visit grandparkla.org/easymornings and follow the park on Facebook (**GrandParkLosAngeles**) as well as Instagram, TikTok and X (@**GrandPark_LA**).

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