

MARCH 13, 2023

Grand Park Invites Angelenos of All Ages to Go Outside and Ease into Their Saturdays with Relaxing Activities

"Grand Park's Easy Mornings" Include Puppetry, Storytelling, Drum Circles, Arts & Crafts and More to Deepen Relationships with Each Other, the Community and the Park

Saturdays, April 15 & 22, 2023, 10:00 a.m. – 2:00 p.m.

WHAT:

Grand Park's Easy Mornings

offers Angelenos an easy start to the weekend with relaxing and family-friendly activities in Downtown L.A. this April. The free four-hour program includes an exciting exploration of L.A.'s creative landscape with performances, activities and workshops highlighting the art of dance and music, nature, health wellness, digital arts and more. Angelenos of all ages will experience joyful and creative opportunities to deepen relationships with self, family, community and the park. Grand Park's favorite food trucks and vendors will offer food and beverages for purchase; picnicking is also highly encouraged.



From puppetry, storytelling, and drum circles to arts and crafts and live DJ entertainment, *Grand Park's Easy Mornings* offers something for everyone. Explore the beautiful Grand Park landscape during kid-inspired nature walks, visit the STEAM (science, technology, engineering, arts and mathematics) pop-up display, take a family yoga class or learn Afro-Brazilian dance, and more.

WHO:

Grand Park's Easy Mornings welcomes the return of a mini maker's market featuring Los Angeles-based small businesses and nonprofits with activities to inspire all Angelenos to think big. Co-curated in partnership with **Streetlet**, *Grand Park's Easy Mornings* is an opportunity-matching and growth engine for small business owners and makers. Streetlet is powering the #shoplocal movement by connecting the best small retail and product businesses with amazing opportunities in their neighborhoods and online.

Community partners and performers of *Grand Park's Easy Mornings* include: **Band of the Wild**, **Bob Baker Marionette Theater**, **Carla's Pop-up Pantry**, **Chinese American Museum**, **City of LA Department of Cultural Affairs featuring NEA Big Read in Los Angeles**, **Con Todo Press**, **Drag Queen Story Hour**, **Eka Ekong**, **Freedom Drum Circles**, **Friends We Love**, **Ketchum Downtown YMCA**, **LA County Library**, **LA Guild of Puppetry**, **Laugh and Be Silly**, **Little Kitchen Academy**, **Los Angeles County Department of Parks and Recreation - Natural Area**, **Los Angeles County Museum of Art**, **Muddy Heaven**, **Narrated Objects**, **No Easy Props**, **Beverly O'Donohue**, **PeaTree Clothing, LLC**, **Serene V**, **Slayfire Cosmetics**, **STORY SPARK**, **Sunbeams**, **The Tree Yoga Coop**, **Moni Vargas**, **Viver Brasil Dance Company**, **Wren Amber**

WHEN:

Saturday, April 15, 2023

Saturday, April 22, 2023

10:00 a.m. - 2:00 p.m.

WHERE:

Grand Park (from Grand Avenue to Hill Street)
 200 N. Grand Avenue
 Los Angeles, CA 90012

MORE INFO:

Visit grandparkla.org and follow Grand Park on Facebook (**GrandParkLosAngeles**), as well as Twitter, Instagram and TikTok (@GrandPark_LA).

STAGE SCHEDULE:*

TIME	APRIL 15, 2023	APRIL 22, 2023
10:00 a.m. - 10:30 a.m.	DJ Moni Vargas of Friends We Love	DJ Moni Vargas of Friends We Love
10:35 a.m. - 10:50 a.m.	Yoga with The Tree Yoga Coop	Yoga with The Tree Yoga Coop
11:00 a.m. - 11:20 a.m.	Reading with Con Todo Press (English and Spanish)	Reading with Pickle, Drag Queen Story Time
11:30 a.m. - Noon	LA Guild of Puppetry	Puppetry with Bob Baker Marionette Theater
12:10 p.m. - 12:30 p.m.	Open Play with DJ Moni Vargas of Friends We Love	Family Drum Circle with Freedom Drum Circle
12:35 p.m. - 12:50 p.m.	Yoga with Beverly O'Donohue	Yoga with Eka Ekong
1:00 p.m. - 1:30 p.m.	Hip Hop Dance with No Easy Props	Afro-Brazilian Dance with Viver Brasil Dance Company
1:30 p.m. - 2:00 p.m.	DJ Moni Vargas of Friends We Love	DJ Moni Vargas of Friends We Love

EXPERIENTIAL ACTIVITY / BOOTH SCHEDULE:***APRIL 15, 2023**

Carla's Pop-up Pantry

Chinese American Museum

City of LA Department of Cultural Affairs featuring NEA Big Read in Los Angeles

Con Todo Press

Friends We Love / Michael Vargas Art

Ketchum Downtown YMCA

LA County Library

LA Guild of Puppetry

Laugh and Be Silly

Little Kitchen Academy

Los Angeles County Department of Parks and Recreation - Natural Area

Los Angeles County Museum of Art

Narrated Objects

PeaTree Clothing, LLC

Serene V
Slayfire Cosmetics
STORY SPARK
Sunbeams
The Tree Yoga Coop
Wren Amber

APRIL 22, 2023

Band of the Wild
Bob Baker Marionette Theater
Carla's Pop-up Pantry
Chinese American Museum
City of LA Department of Cultural Affairs featuring NEA Big Read in Los Angeles
Con Todo Press
LA County Library
Friends We Love / Michael Vargas Art
Laugh and Be Silly
Los Angeles County Museum of Art
Muddy Heaven
PeaTree Clothing, LLC
Slayfire Cosmetics
Sunbeams
The Tree Yoga Coop
Wren Amber

**** Artists, performers and vendors are subject to change.***

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