

MARCH 11, 2024

Ease into the Weekend In Downtown L.A. with Free Health & Wellness, Art-Making and Green Living Activities for The Whole Family

The 4th Annual "Gloria Molina Grand Park's Easy Mornings" Returns with Yoga, Dancing, Horticulture, Sports Games, Arts & Crafts, Puppetry, a Mini Makers Marketplace and More

Saturdays, April 20 & 27, 2024
10:00 a.m. – 2:00 p.m.

WHAT:

Gloria Molina Grand Park, powered by **The Music Center**, invites Angelenos of all ages to start their weekend right with two Saturday morning events filled with free creative, fun and holistic activities, including yoga, wellness, arts & crafts, sports games and more that will inspire them to pave a better and healthier future, broaden their imagination as well as engage with one another. Explore the park's beautiful landscape, decorate a planter, play mini-basketball, cool off in the splash pad, make a puppet or learn to dance!



This year's four-hour programs, which run from 10:00 a.m. - 2:00 p.m., include an exploration of DTLA's natural landscapes and environmental awareness by honoring Earth Day and green living. Visitors can also shop for sustainable clothing, toys and gifts from a marketplace, curated by **Streetlet**, comprised of local small business owners and makers. Individuals, parents and caregivers can shop and support neighborhood businesses as youth play, connect and create!

Gloria Molina Grand Park's favorite food trucks will be onsite offering food and beverages for purchase; on-site picnicking is also highly encouraged.

WHO:

Gloria Molina Grand Park's Easy Mornings community partners and performers include: **Bob Baker Marionette Theater**; **Chinese American Museum**; **City of LA Department of Cultural Affairs** featuring **NEA Big Read**; **City Plants**; **CLAW: Citizens for L.A. Wildlife**; **Discovery Cube**; **DJ Lance Rock**; **DJ Moni Vargas**; **Everybody Dance LA!**; **Freedom Drum Circles**; **Friends We Love**; **Ketchum-Downtown YMCA**; **LA County Library**; **The LA Guild of Puppetry**; **LA Surf Bus**; **Latinx With Plants**; **Lifetime of Leisure**; **Los Angeles Department of Water and Power**; **Miry's List**; **Neococo**; Beverly O'Donohue; **Our Watts Bookshop**; **Palomita**; **Plant Man P**; **Play LA**; **Remainders Creative Reuse**; **Streetlet**; **Sunbeams**; **The Tree Yoga Cooperative**; **Vybe Tye**; and **Wildwoods Foundation**.

WHEN:

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WHERE:

Gloria Molina Grand Park
200 North Grand Avenue
Los Angeles 90012

MORE INFO:

Visit grandparkla.org and follow the park on Facebook (**GrandParkLosAngeles**) as well as Instagram, TikTok and X (@**GrandPark_LA**).

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