

FEBRUARY 28, 2025

Ease into the Weekend and Get in Touch with Mother Nature in Downtown L.A. with Free Outdoor Health & Wellness, Art-Making and Other Activities for the Whole Family

The 5th Annual 'Gloria Molina Grand Park's Easy Mornings' Returns with Family Yoga, Arts & Crafts, Outdoor Games, Music, Dancing, Dog Adoption and More—Plus a Diverse Marketplace Filled with Local Organizations, Artists and Shops Dedicated to Wildfire Recovery and Healing

WHAT:

In the spirit of Earth Month, **Gloria Molina Grand Park** invites Angelenos of all ages to uplift their spirits and ease into the weekend in the heart of Downtown L.A. with two Saturday mornings filled with free activities and workshops that will inspire them to reconnect with the healing power of the natural world and with each other. *Gloria Molina Grand Park's Easy Mornings* will help rejuvenate the mind, body and soul following the devastating wildfires in Los Angeles.



This year's events, which take place from 10:00 a.m. - 2:00 p.m., include family yoga, theatre & dance, arts & crafts, nature-inspired activities and an eclectic marketplace filled with local organizations, artists and microbusinesses dedicated to Angelenos' recovery and healing. The marketplace will be curated by **Smorgasburg L.A.**, which also will be offering a selection of delectable bites and treats for purchase on-site. On-site picnicking is highly encouraged!

Gloria Molina Grand Park, powered by **The Music Center**, also is excited to partner with the **Los Angeles County Animal Care and Control** to highlight the importance of advancing the well-being of both animals and residents. This partnership will connect Angelenos with expertise, resources and professional services to promote, strengthen and inspire their humane care of animals as well as feature a dog adoption fair, offering loving animals the chance to find their forever homes.

WHO:

Gloria Molina Grand Park's Easy Mornings' community partners and performers include: **Baked Papaya**, **Bob Baker Marionette Theater**, **Chess at Three**, **Chicxs Rockerxs South East Los Angeles (SELA)**, **Chinese American Museum**, **County of Los Angeles Public Health (SPA 4)**, **CultivaLA**, **The dA Center for the Arts**, **DJ Moni Vargas**, **Everybody Dance LA!**, **Get Caked**, **Hawks L.A.**, **Inner City Arts**, **Ketchum-Downtown YMCA**, **Little Tokyo Service Center**, **Los Angeles County Department of Animal Care and Control**, **Los Angeles County Library**, **Miss Doolittles**, **Rikki's Wickies**, **Kymberly Stewart**, **Surf Bus Foundation**, **The Tree Yoga Cooperative**, **We Tell Stories** and more.

WHEN:

Saturdays, April 5 & 19, 2025
10:00 a.m. - 2:00 p.m.

WHERE:

Gloria Molina Grand Park

200 N. Grand Avenue

Los Angeles 90012

MORE INFO:

Visit grandparkla.org/easymornings and follow the park on Facebook (**GrandParkLosAngeles**) as well as Instagram, TikTok and X (**@GrandPark_LA**).

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